

Name _____

HOW MANY WAYS DO YOU USE WATER IN A DAY?



LETTUCE
GROW

Discussion Questions:

1. What is water useful for?
2. How many ways do you use water in a single day?
3. Why is it important to have a supply of water?
4. How might a Farmstand help us to conserve water?
5. How can we conserve water? Make a list with the group.

ACTIVITY

Create a poster to encourage others to conserve water using all of the examples you just talked about!. Discuss poster designs as a class. Hang it up in a place that others will see it and help to conserve water too!



BONUS ACTIVITY

Create a simple rain barrel to catch water to use to water plants.

What you'll need: A container to use as your new rain barrel. Some examples include: Milk jug, empty laundry detergent container, or a water jug.

Cut the top of the container so that water can drip inside. Once there is enough water you can use your new rain barrel to conserve water and water plants by either poking holes in the container or using a spigot.



“How Many Ways Do You Use Water in a Day?”

Suggested Answer Key For Teachers

1. Ex: brushing teeth, washing dishes, drinking, laundry, growing plants, toilet flushing, etc. Water is necessary every day.
2. Answers may vary.
3. Without water, we cannot survive. Water is crucial to drink, to wash hands and clothes, and to flush waste away.
4. It takes 20 gallons of water to grow lettuce in soil. In a Farm stand, it takes less than 1 gallon of water.
5. Some ways we can conserve water include:
 1. Do not overwater your lawn
 2. Check faucets for leaks
 3. Turn off the water while soaping up hands
 4. Turn off the water while brushing teeth
 5. Use a car wash instead of washing your car at home
 6. Shorten the time you shower
 7. Run the dishwasher or washing machine when it is full
 8. Water outdoor plants in the early morning or at night
 9. Take short showers instead of baths
 10. Don't overfill a pool
 11. Don't shower multiple times a day
 12. Collect rainwater from a gutter to water plants
 13. Use fish tank water from cleaning the tank to water plants.
 14. Use a hydroponic growing system such as a Farmstand.



LETTUCE
GROW

lettucegrow.com